



AVAILABLE FOR WEEK OF MAY 14, 2012

GREENS:

Salad Mix: 3# case for \$17.50

Lettuce Mix: 3# case for \$17.50

Spinach: 3# case for \$17.50

ASPARAGUS: 12# case for \$43.50 (Limited Availability)

RADISHES:

Red Radishes: 10# case (no tops) for \$18.13 or 12 bunch case (with tops) for \$18.00

PEPPERS:

Green Bell Pepper, GH: 20# case for \$50.00

ONIONS:

Shallots: 5# case for \$22.50 (Limited Availability)

WINTER SQUASH:

Spaghetti Squash – 35# case for \$19.25

STRAWBERRIES: Jam: \$5.00 per pint (Please give advanced notice when ordering)

EGG NOODLES:

Egg Noodles: 1# bag for \$3.75 or 10# case for \$31.25

DRY BEANS, HEIRLOOM: \$6.00 per pound

Jacob Cattle – Originally cultivated by the Passamaquoddy Indians in Maine this is the standard for baked beans in the Northeast. Great for chili. (Limited Availability)

Brockton Beans – Introduced in 1885 by the Aaron Low Seed Company who secured seed from a market gardener in Brocton, MA. Nutty flavor, retains shape when cooked.

HERBS:

Chives: 0.5# case for \$8.00

Oregano: 1 oz. for \$1.35

Lemon Balm: 1# for \$12.00

EGGS:

15 dozen case for \$35.00

Poultry (Hormone and Antibiotic Free. Naturally Raised):

Whole Chickens, Frozen, 4 - 6# each, \$2.80 per pound

Beef (Hormone and Antibiotic Free. Naturally Raised):

All of our beef is grass raised and corn finished. All of the cuts are frozen.

Filet: Two steaks per package, \$9.49 per pound (Limited Availability)

Ground: 1# or 2# packages available, \$3.49 per pound

Ribeye: Two steaks per package, \$8.49 per pound

Roast: Assorted roasts available (chuck, rump, arm, sirloin tip), avg. 2-3# each, \$4.29 per pound

Sirloin: Two steaks per package, \$6.49 per pound

Stew Meat: 1# packages, \$3.99 per pound

T-Bone: Two steaks per package, \$5.99 per pound

Please place orders by 5:00 pm on Sunday, May 13

**CONTACT : KATE SCOTT, COORDINATOR
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